



HOW TO STUDY

A common form of assessment at Temora High School is a test or examination. So here's how students should study for a test.

- > **Make study notes.**
- > **Learn the notes by testing themselves on them.**
- > **Do lots of questions as practice.**

Here's the longer version for students on **how to study** for a test.

1. FIND OUT EVERYTHING YOU CAN

Find out: topics being tested; types of questions (multiple choice, short answer); length of the test; how marks are allocated.

2. ASK IF UNSURE

If you are not sure what you need to study make sure you ask your teacher.

3. MAKE SOME STUDY NOTES/SUMMARIES

The reasons we make study notes/summaries are: when you just read through things they don't stay in your head very well; writing down a condensed form of the information causes it to stay in the memory; it helps to ensure understanding; summaries reduce the number of pages and all of the information is in one place in an organised way.

4. ASK FOR HELP

If there are topics or areas that are difficult to understand ask your teacher or parents for help.

5. LEARN THE NOTES.

Don't just read the notes. The right way to study involves **TESTING YOURSELF** on what you have just read e.g. what can you write down or say out loud without looking at the notes; get someone to test you; make flashcards; write a list of questions as you read your notes and then answer them; remember this great technique- **look, say, cover, write, check!**

6. REPEAT STEP 5 OVER AND OVER AND OVER

Repetition is the key to remembering things.

7. DO LOTS OF PRACTICE

Ways you can practise: a revision sheet or a past examination paper; go back to the textbook and do the hard questions; the school library has other textbooks and study guides for that; T.H.S. often has extra revision activities up on the school website (Moodle).

Throughout this whole process, anytime there is something you don't understand you must ask for help.

Temora High School subscribes to www.studyskillshandbook.com.au and it is suggested that students work through the following units: Summarising, Active Studying, Test-Taking Techniques.